

Facility Visit Checklist

Questions to Ask When Touring a Residential Mental Health Facility Information

Facility name: _____

Location: _____

Date of visit: _____

Contact person: _____

1. Program Overview

- What is the program's mission or treatment philosophy?
- How long has the facility been operating?
- What type of program is offered?
 - Clinical residential
 - Group residential
 - Work-based / farm program
 - Apartment-based program
- What is the staff-to-resident ratio?
- What level of supervision is provided?

2. Clinical Care & Therapy

- What types of therapy are offered?
- How often do residents meet with therapists?
- Is medication management provided?
- How are crises handled?
- Is treatment individualized?

3. Safety & Environment

- What safety measures are in place?
- Is staff available 24/7?
- How is privacy protected?
- How are behavioral concerns addressed?
- Does the environment feel safe?

4. Daily Life & Activities

- What does a typical schedule look like?
- Are life skills taught?
- Are vocational activities available?
- Are recreational activities offered?
- How much independence is provided?

5. Family Communication

- Are family visits allowed?
- How often are updates provided?
- Is family therapy available?
- How can families communicate with staff?

6. Transition & Long-Term Planning

- How does the program prepare residents for independence?
- Is discharge planning included?
- Are aftercare services available?
- Does the program help with education or employment?

7. Practical Considerations

- What is the cost?
- Is insurance accepted?
- What is the length of stay?
- What items can residents bring?
- Are meals and transportation included?

Notes
